NOTE: Eight tests to be selected by the teacher.

MARKS: 60

TIME: For writing the plan of work 1 hour 30 minutes
       For preparation on day of test 15 minutes
       For test 2 hours 30 minutes

INSTRUCTIONS TO CANDIDATES FOR PREPARATION SESSION

Study the test you have been given.

You are given 1 hours 30 minutes in which to:

1  (i) Make a plan of work (in duplicate using carbon paper) giving:
       - the number of the test you have drawn.
       - a list of dishes chosen with recipes (not the method).
       - the article(s) to be laundered (a full description should be given, e.g. dirty, small, coloured cotton table cloth).
       - the article(s) needed for housewifery.

       (ii) On the plan of work show the basic method you are going to use and the order in which you are going to do your test, indicating the time at which you will start each piece of practical work.

2  On another sheet of paper (in duplicate using carbon paper) make a list of:
       - ingredients you require.
       - cleaning materials you require.
       - equipment you will need.

NOTE: Recipe books may be used during the preparation session, but they must not be used during the Practical Examination, as you will refer to your plan of work.

Cell phones are not allowed in the examination room.

This question paper consists of 4 printed pages
PRACTICAL COOKERY, HOUSECRAFT, AND PARENTHOOD

1 Your American friend is coming to visit you.
   (a) Prepare nshima, dried meat or fish and local vegetables with groundnuts.
   (b) Prepare a traditional drink.
   (c) Launder a pair of bed-sheets he/she is going to use.
   (d) Make a bed he/she will use.
   (e) Display your work.

2 You have just moved to a new house.
   (a) Prepare a dish using left-over meat and potatoes.
   (b) Make a beverage for two and breakfast scones using 200g flour.
   (c) Launder two curtains for the living room.
   (d) Clean the kitchen cupboard or food ladder
   (e) Display your work.

3 You are expecting a visitor with her eight months old baby to stay with you over the weekend.
   (a) Prepare a two course meal for two.
   (b) Prepare nourishing porridge for the baby.
   (c) Launder a selection of baby clothes.
   (d) Set the table for two.
   (e) Make a dry flower arrangement and display your work.

4 Your uncle who is a vegetarian is coming to visit you.
   (a) Prepare bean stew and suitable accompaniments.
   (b) Prepare Victoria sandwich cake.
   (c) Launder 2 pillow slips.
   (d) Clean the bedroom he is going to use.
   (e) Display your work.
5 The Girls Brigade are having a function at your church.
   (a) Prepare a chicken dish, and suitable carbohydrate and protective foods.
   (b) Prepare a refreshing drink.
   (c) Clean a reed mat.
   (d) Launder a chitenge wrapper.
   (e) Display your work.

6 Your sister has just given birth.
   (a) Prepare a two course meal for the two of you.
   (b) Prepare a hot beverage for your sister.
   (c) Launder two baby napkins.
   (d) Clean a plastic baby tub.
   (e) Display your work.

7 Your school is having a Parent Teacher Association (PTA) Annual General Meeting (AGM).
   (a) Using 250g flour, make victoria sandwich cake.
   (b) Using 100g flour make biscuits using rubbing-in method.
   (c) Launder assorted kitchen towels.
   (d) Clean a wooden table you will use for display.
   (e) Display your work.

8 Your mother is ill.
   (a) Launder her night dress.
   (b) Prepare Irish stew with suitable accompaniments.
   (c) Prepare soup using vegetables in season.
   (d) Make a fruit drink.
   (e) Make a fresh flower arrangement and display your work.
9 You are going for a church youth camp.
   (a) Using 200g flour, make short crust pastry to prepare some sausage rolls.
   (b) Make a vegetable salad and a fruit drink using available fruits in season.
   (c) Launder a cotton attire you are going to wear.
   (d) Clean the basket you are going to use for packing the food and drink.
   (e) Pack the dishes in the basket, using suitable utensils.

10 Your young sister will be going back to a boarding school.
   (a) Launder her uniform she is going to wear.
   (b) Clean and polish her shoes.
   (c) Prepare a quick balanced or mixed meal for her lunch.
   (d) Make a cold drink.
   (e) Display your work.
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