EXAMINATIONS COUNCIL OF ZAMBIA
JUNIOR SECONDARY SCHOOL LEAVING EXAMINATION (GRADE 9) – 2014
HOME ECONOMICS PRACTICAL 601/2
PAPER 2
(SPECIMEN)

(INTERNAL & EXTERNAL CANDIDATES)

NOTE: Eight tests to be selected by the teacher.
MARKS: 60
TIME: For writing the plan of work 1 hour 30 minutes
      For preparation on day of test 15 minutes
      For test 2 hours 30 minutes

INSTRUCTIONS TO CANDIDATES FOR PREPARATION SESSION
Study the test you have been given.
You are given 1 hours 30 minutes in which to:

1 (i) Make a plan of work (in duplicate using carbon paper) giving:
      - the number of the test you have drawn.
      - a list of dishes chosen with recipes (not the method).
      - the article(s) to be laundered (a full description should be given, e.g.
        dirty, small, coloured cotton table cloth).
      - the article(s) needed for housewifery.

(ii) On the plan of work show the basic method you are going to use and the
     order in which you are going to do your test, indicating the time at which you
     will start each piece of practical work.

2 On another sheet of paper (in duplicate using carbon paper) make a list of:
   - ingredients you require.
   - cleaning materials you require.
   - equipment you will need.

NOTE: Recipe books may be used during the preparation session, but they must
      not be used during the Practical Examination, as you will refer to your plan
      of work.

Cell phones are not allowed in the examination room.

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PRACTICAL COOKERY, HOUSECRAFT, AND PARENTHOOD

1. Your elder brother has been invited to attend interviews for a job.
   (a) Launder his white cotton shirt he is going to wear.
   (b) Clean his black shoes.
   (c) Prepare a balanced or mixed breakfast he will eat before leaving.
   (d) Make a nourishing drink.
   (e) Display your work.

2. You are taking care of your ill mother at home.
   (a) Launder her nylon night dress.
   (b) Prepare boiled fresh fish, vegetable dish and nshima.
   (c) Make a fruit salad
   (d) Clean the hair brush.
   (e) Display your work.

3. Your Aunt is coming to spend a weekend with your family.
   (a) Prepare a two course meal for your family and Aunt.
   (b) Launder two coloured cotton pillow cases.
   (c) Clean the bedroom and make the bed she will use.
   (d) Make her a welcome home card.
   (e) Display your work.

4. You are a member of the nutrition club in your area.
   (a) Demonstrate how to make nourishing porridge using groundnuts.
   (b) Demonstrate how to make homemade oral rehydration salts.
   (c) Make a cake using creaming method and decorate it using butter icing.
   (d) Make an improvised baby cot.
   (e) Display your work.
5. You are living with your Grandmother.
   (a) Prepare lunch for the two of you using village chicken with suitable accompaniments.
   (b) Launder her chitenge attire.
   (c) Clean a winnowing basket (Lubango/Ulupe)
   (d) Make a dry flower arrangement.
   (e) Display your work.

6. Your Cousin will be celebrating his birthday and going out for a picnic.
   (a) Prepare sausage rolls using 200g of flour.
   (b) Make Victoria sandwich cake and a refreshing drink.
   (c) Clean a plastic basket you will use for packing.
   (d) Make him a birthday card.
   (e) Display your work.

7. Your sister has gone away on holiday and you have been left to look after her house.
   (a) Prepare a dish using leftover meat or Irish potatoes and other suitable accompaniments.
   (b) Thoroughly clean a kitchen sink.
   (c) Make a vegetable salad.
   (d) Launder a tray cloth.
   (e) Display your work.

8. Your father is a strict vegetarian.
   (a) Prepare a meal using rice and soya pieces and suitable accompaniments.
   (b) Launder a white linen table cloth.
   (c) Make a rice pudding for your young sister.
   (d) Clean the dining room where you will serve the food.
   (e) Display your work.
9 Your mother has just delivered a baby and has been discharged from hospital.
   (a) Prepare her a meal using liver and suitable accompaniments.
   (b) Launder two white napkins for the baby.
   (c) Make her a refreshing drink using local fruits.
   (d) Clean the feeding bottle.
   (e) Display your work.

10 Your school will be hosting an inter-school sports event.
   (a) Launder your sports attire that you are going to wear.
   (b) Make sausage rolls, jam tarts, biscuits which you will clearly label to be sold in
       the school tuck shop.
   (c) Clean one silver trophy and one wooden trophy.
   (d) Make fresh flower arrangement for the high table where awards will be
       presented.
   (e) Display your work.