EXAMINATIONS COUNCIL OF ZAMBIA

Examination for School Certificate Ordinary Level

Home Management
Paper 2 Practical

Additional Materials:
Carbonised sheets

Time:
1 hour 30 minutes Planning Session
3 hours Practical Test

Instructions to candidates:

Planning Session: 1 hour 30 minutes

1 There are eight (8) test questions in this paper. One of these questions will be chosen at random.
2 Write your Examination number and number of the test on your Plan and List.

Then proceed in the following order:
(i) Using the carbonised sheets, write your choice of work.
(ii) Make a detailed plan of work. (Do not copy the test question.)
(iii) Make a list of the ingredients, equipment and materials you will require to carry out the work set, and write it on the separate carbonized sheet.
You will be expected to use local cleaning agents if they are satisfactory.

3 Recipe books may be used during the planning session only.
4 Give the Plan and List with this question paper to the Supervisor after the Planning Session.
5 You are not allowed to take away a copy of the test or the plan or any notes, and you are not allowed to bring fresh notes to the practical examination.
6 You will be expected to keep to your plan during practicals.
7 Cell phones are not allowed in the examination room.

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This question paper consists of 3 printed pages
One of these questions will be chosen at random

1 Your grandmother is convalescing.
   (a) Launder and disinfect her nightdress, a pair of bed sheets and a towel.
   (b) Prepare, cook and serve a mid-day meal suitable for her.
   (c) Clean and disinfect her bedroom.
   (d) Make a get well card for her.
   (e) Wash and plait her hair.

2 There will be an initiation ceremony for your sister.
   (a) Prepare a selection of traditional foods to be served to the guests.
   (b) Clean a reed mat.
   (c) Launder a chitenge attire for your sister.
   (d) Clean a clay pot.
   (e) Using dry plants, make a decorative arrangement and display the work.

3 Your parents will be hosting dinner for a newly-wed couple.
   (a) Prepare, cook and serve a two-course meal for the couple.
   (b) Clean and decorate the dinner table.
   (c) Thoroughly clean the cutlery to be used.
   (d) Design and make a wedding invitation card.
   (e) Wrap a present for them.

4 You have just taken over a morning shift at a local lodge.
   (a) Prepare, cook and serve breakfast for your two guests.
   (b) Clean the dining room including the table where you will serve the food.
   (c) Set the table for two.
   (d) Launder two hand towels.
   (e) Make a floral arrangement for the table.

5 Your family has planned to go for a holiday and have decided to empty the freezer.
   (a) Prepare, cook and serve three dishes using meat, frozen vegetables and fruits, which can be eaten before leaving. Include suitable accompaniments to make a substantial meal.
   (b) Clean the freezer.
   (c) Launder clothes for the journey.
   (d) Clean the travelling bag.
   (e) Plait your sister’s hair.
6 Your school electrician fell and broke his left leg.
   (a) Apply first aid before taking him to the hospital.
   (b) Prepare a balanced meal rich in calcium.
   (c) Hem and launder his pair of trousers.
   (d) Make a scatter pillow.
   (e) Clean his bed room.

7 Your parents will be celebrating their 30th wedding anniversary.
   (a) Prepare, cook and serve an interesting two course meal for the occasion.
   (b) Make and decorate their anniversary cake.
   (c) Launder their special attires for the occasion.
   (d) Decorate the room to be used.
   (e) Make a floral arrangement.

8 You have been left in charge of a nine months old baby.
   (a) Clean and sterilize a feeding bottle and make a feed.
   (b) Launder two baby soiled nappies.
   (c) Make a baby cot.
   (d) Prepare lunch for yourself and a plate of biscuits.
   (e) Make a baby rattle.